



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Afterschool and Summer Programs are Essential for Equitable Recovery

For nearly three decades, families in our community have relied on the Y to provide convenient, affordable before and after school care and summer camp. But most of all, they enjoy the peace of mind that comes with knowing their children are growing and learning in a positive, fun environment.

Learn, Grow, Thrive is an Academic Support and Enrichment Program to help children re-engage in learning after this period of learning loss and social isolation. Program components will provide children with hands-on learning activities and experiences that will broaden their horizons and encourage them to try new things.

Academic Support – Reading, Writing, Math and Science

Using the New Jersey Core Curriculum Standards as a guide, our curriculum developed with Language Arts, Math and Science will get children excited as they make strides in both reading and math and learn about nature and the world around them as they explore the outdoors.

Social and Emotional Learning/Mental Health and Well Being

Trained staff will help children talk about their emotions, gain confidence, build healthy relationships, develop strong social skills and heal from trauma.

Physical Fitness

The Healthy U Fitness program provides children with moderate to vigorous physical activity each day and weekly nutrition lessons among these lessons, children will be taught slow, woah and go foods that empower them to make healthy food choices.

Health and Safety

Children will learn the proper procedures for wearing a face mask, hand washing, social distancing and best practices for proper hygiene.

Healthy Meals and Snacks

Children will be taught the importance of starting their day with a healthy breakfast, and eating a balanced lunch and snacks (Funds would be used to sustain and expand access for children to be fed during out-of-school time)

Enrichment

Essential to a child's growth and development, enrichment classes will be included in the Program. Children may choose from classes in Art, Music, Yoga and Dance.

HAMILTON AREA YMCA

JKR 1315 Whitehorse-Mercerville Road, Hamilton, NJ 08619
p 609.581.9622 f 609.581.4737

SAWMILL 185 Sawmill Road, Hamilton NJ 08620
p 609.581.9622 ext. 21100 f 609.324.9845

hamiltonymca.org



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Program Specifics

- 1:3 ratio – small groups that provide for face time and individualized attention.
- Staff are certified in CPR, AED, First Aid, EpiPen Administration, and Child Abuse Prevention. Plus, several staff members also now have certification in Mental Health First Aid. In addition, staff participate in trainings provided by the Child Care Health Consultants, Central Jersey Family Health Consortium: Keeping Healthy in Child Care during COVID-19 Series.

Audience

Children entering Kindergarten through Eighth Grade attending schools in Hamilton Township, Mercer County.

Demographics

Kuser

52.8 %	Hispanic
29.3%	Black/African American
10.4%	White
3.6%	Asian
0.3%	American Indian
0.3%	Pacific Islander
3.3%	Two or more races

65.8% - receiving FREE or Reduced Lunch

Kisthardt

50.6%	Hispanic
27.5%	White
15.9%	African American
4.7%	Two or more races
1.3%	Asian

58.4 % - receiving FREE or Reduced Lunch

Hamilton Township School District

4%	Asian
28%	Hispanic
18%	Black
47%	White
3%	Two or more races

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Program Schedule

Full and Half Day schedule available

Locations

Sawmill Day Camp, Hamilton Area YMCA JKR Branch and other locations.

Transportation

Transportation will be provided.

Scholarship

Scholarships will be provided for those that qualify.

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Budget

School Program

<u>EXPENSE</u>	<u>TOTAL</u>
Homework Teacher (13)	\$120,900
Taxes and Benefits	\$9,249
Total Personnel	\$138,189
Food	\$25,000
Program Supplies	\$15,000
Program Fees	\$15,000
Total Program Costs	\$55,000
Program Cost	\$193,189

Respectfully submitted,

Diana Zita
CEO
Hamilton Area YMCA

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NEW JERSEY SENATE

LINDA R. GREENSTEIN

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CHAIR, LAW AND PUBLIC SAFETY COMMITTEE
VICE CHAIR, ENVIRONMENT AND ENERGY COMMITTEE
MEMBER, BUDGET AND APPROPRIATIONS COMMITTEE
MEMBER, LABOR COMMITTEE
CHAIR, MANUFACTURING CAUCUS

April 23, 2021

Congressman Chris Smith
4573 South Broad Street
Hamilton, NJ 08620

Dear Congressman Smith:

I am pleased to support the Hamilton Area YMCA in its request to receive federal funding for its Learn, Grow, Thrive program.

The Hamilton Area YMCA first started serving their community in 1951 and today they offer everything from childcare to cardio and free weights, senior services to teen mentoring and development. The mission of the Hamilton Area YMCA is to provide Hamilton Township and surrounding areas with a family-friendly recreation outlet to maximize every resident's potential in achieving better physical, mental and spiritual fitness, and living a healthier, more rewarding life.

Learn, Grow, Thrive is an Academic Support and Enrichment Program for children entering Kindergarten through Eighth Grade to help them re-engage in learning after the impacts of the COVID-19 Pandemic. Program components will provide children with hands-on learning activities and experiences to broaden their horizons and encourage them to try new things.

COVID-19 has proven to be difficult for many students as they suffered learning loss and social isolation. Programs like the Learn, Grow, Thrive program are crucial to re-engage students in the learning and socialization processes in a post-COVID-19 world.

Thank you for your consideration in reviewing this grant application. If you have any questions or wish to speak to me directly, please contact my office at (609) 395-9911 or via email at SenGreenstein@njleg.org.

Sincerely,

Linda R. Greenstein

Senator, 14th Legislative District





14th LEGISLATIVE DISTRICT

ASSEMBLYMAN WAYNE P. DEANGELO
DEPUTY SPEAKER
CHAIR, ASSEMBLY TELECOMMUNICATIONS &
UTILITIES COMMITTEE
VICE-CHAIR, ASSEMBLY MILITARY
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INDEPENDENT AUTHORITIES COMMITTEE
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ASSEMBLY HEALTH AND SENIOR SERVICES
COMMITTEE
AsmBenson@njleg.org

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Thank you for your consideration in reviewing the Hamilton Area YMCA's grant application. I am pleased to recommend them for federal funding. If you have any questions or wish to speak to any of us directly, please do not hesitate to contact our offices.

Sincerely,

Assemblyman Wayne P. DeAngelo

Assemblyman Dan R. Benson